

# Saddle Mountain Unified School District

**LABOR DAY**

## September Menu 23

**LABOR DAY**



| Friday - 1   |
|--|
| <u>Breakfast</u><br>French Toast<br>Fruit                  |
| <u>Lunch</u><br>Chicken Quesadilla<br>Baked Beans<br>Fruit |

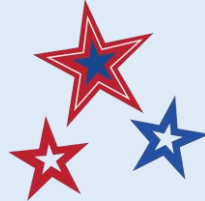
MENU SUBJECT TO CHANGE WITHOUT NOTICE

| Tuesday – 5   | Wednesday – 6  | Thursday – 7  | Friday – 8   |
|---|--|---|--|
| <u>Breakfast</u><br>Cereal Bar<br>Fruit                     | <u>Breakfast</u><br>Bagel Bar<br>Fruit                 | <u>Breakfast</u><br>Mini Pancakes<br>Fruit                            | <u>Breakfast</u><br>Muffin<br>Fruit                                    |
| <u>Lunch</u><br>Mini Corndogs<br>Carrots<br>Fruit           | <u>Lunch</u><br>Bean & Cheese Burrito<br>Corn<br>Fruit | <u>Lunch</u><br>Orange Chicken W/ Rice<br>Broccoli<br>Fruit           | <u>Lunch</u><br>Mac & Cheese W/ Roll<br>Mixed Vegetables<br>Fruit      |
| Tuesday – 12  | Wednesday – 13   | Thursday – 14   | Friday - 15  |
| <u>Breakfast</u><br>Apple Frudel<br>Fruit                   | <u>Breakfast</u><br>Cereal<br>Fruit                    | <u>Breakfast</u><br>Mini Donuts<br>Fruit                              | <u>Breakfast</u><br>Bagel Bar<br>Fruit                                 |
| <u>Lunch</u><br>Popcorn Chicken<br>Mashed Potatoes<br>Fruit | <b>EARLY RELEASE DAY</b><br><u>Lunch</u><br>Sack Lunch | <u>Lunch</u><br>Pulled Pork Sandwich<br>Beans<br>Fruit                | <u>Lunch</u><br>Beef Soft Taco<br>Rice<br>Fruit                        |
| Tuesday – 19  | Wednesday – 20   | Thursday – 21   | Friday - 22  |
| <u>Breakfast</u><br>Zucchini Bread<br>Fruit                 | <u>Breakfast</u><br>Mini Pancakes<br>Fruit             | <u>Breakfast</u><br>Banana Bread<br>Fruit                             | <u>Breakfast</u><br>Peach Pancake Bowl<br>Fruit                        |
| <u>Lunch</u><br>Pizza<br>Carrots<br>Fruit                   | <u>Lunch</u><br>Cheeseburger<br>French Fries<br>Fruit  | <u>Lunch</u><br>Meatball Sub Sandwich<br>Broccoli<br>Fruit            | <u>Lunch</u><br>Street Pork Tacos<br>Beans<br>Fruit                    |
| Tuesday – 26  | Wednesday – 27   | Thursday – 28   | Friday - 29  |
| <u>Breakfast</u><br>Cereal Bar<br>Fruit                     | <u>Breakfast</u><br>Mini Waffles<br>Fruit              | <u>Breakfast</u><br>Sausage Breakfast Bagel<br>Fruit                  | <u>Breakfast</u><br>Cereal<br>Fruit                                    |
| <u>Lunch</u><br>Hotdog<br>Mixed Vegetables<br>Fruit         | <u>Lunch</u><br>Sloppy Joe Sandwich<br>Corn<br>Fruit   | <u>Lunch</u><br>Chicken & Waffles W/<br>Syrup<br>Green Beans<br>Fruit | <u>Lunch</u><br>Spaghetti & Meatballs<br>W/ Bread<br>Broccoli<br>Fruit |

White Milk is offered for Breakfast

White Milk and Chocolate Milk is offered for Lunch

Water is only offered at Lunch.



If you have any questions regarding your student's lunch account, please call 623-474-5535 or 623-474-5559

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER