

Saddle Mountain Unified School District



High School September-23 Menu



**MENU
SUBJECT TO
CHANGE
WITHOUT
NOTICE**



Friday – 1
<u>Breakfast</u> French Toast or Cereal Fruit
<u>LUNCH</u> Chicken & Cheese Quesadilla Baked Beans Fruit

This institution is an equal opportunity provider

White Milk and Juice is offered for Breakfast

White Milk and Chocolate Milk is offered for Lunch.

WATER WILL BE OFFERED AT LUNCH ONLY

Tuesday – 5	Wednesday – 6	Thursday – 7	Friday – 8
<u>Breakfast</u> Cereal Bar or Cereal Fruit	<u>Breakfast</u> Pancakes or Cereal Fruit	<u>Breakfast</u> Banana Muffin or Cereal Fruit	<u>Breakfast</u> Bagel Bar or Cereal Fruit
<u>LUNCH</u> Corndog Carrots Fruit	<u>LUNCH</u> Bean & Cheese Burrito Corn Fruit	<u>LUNCH</u> Orange Chicken W/Rice Broccoli Fruit	<u>LUNCH</u> Mac & Cheese W/ Roll Mixed Vegetables Fruit
Tuesday – 12	Wednesday – 13	Thursday – 14	Friday – 15
<u>Breakfast</u> Apple Frudel or Cereal Fruit	<u>Breakfast</u> Cereal Bar or Cereal Fruit	<u>Breakfast</u> Mini Chocolate Donut or Cereal Fruit	<u>Breakfast</u> Bagel W/ Cream Cheese or Cereal Fruit
<u>LUNCH</u> Popcorn Chicken Curly Fries Fruit	EARLY RELEASE	<u>LUNCH</u> Pulled Pork Sandwich Broccoli Fruit	<u>LUNCH</u> Beef Soft Taco Beans Fruit
Tuesday – 19	Wednesday – 20	Thursday – 21	Friday – 22
<u>Breakfast</u> Zucchini Bread or Cereal Fruit	<u>Breakfast</u> Eggs & Bacon Biscuit or Cereal Fruit	<u>Breakfast</u> Donut or Cereal Fruit	<u>Breakfast</u> Waffles or Cereal Fruit
<u>LUNCH</u> Pizza Carrots Fruit	<u>LUNCH</u> Bacon Cheeseburger French Fries Fruit	<u>LUNCH</u> Meatball Sub Sandwich Broccoli Fruit	<u>LUNCH</u> Grilled Chicken Sandwich French Fries Fruit
Tuesday – 26	Wednesday – 27	Thursday – 28	Friday – 29
<u>Breakfast</u> Omelet W/ Sausage W/Tortilla or Cereal Fruit	<u>Breakfast</u> Breakfast Pizza or Cereal Fruit	<u>Breakfast</u> Pancake on a stick or Cereal Fruit	<u>Breakfast</u> Cereal or Cereal Bar Fruit
<u>LUNCH</u> All Beef Hotdog Mixed Vegetables Fruit	<u>LUNCH</u> Sloppy Joe Sandwich Corn Fruit	<u>LUNCH</u> Chicken & Waffles Green Beans Fruit	<u>LUNCH</u> Spaghetti & Meatballs W/Bread Broccoli Fruit



If you have any questions regarding your student's lunch account, please call 623-474-5535 or 623-474-5559

