

Saddle Mountain Unified School District

PreSchool September Menu



MENU SUBJECT
TO CHANGE
WITH OUT
NOTICE

Thursday – 1

Breakfast
French Toast
Fruit

LUNCH
Spaghetti & Meatballs W/ Dinner Roll
Green Beans and Fruit

This institution is an equal opportunity provider

Tuesday – 6

Breakfast
Strawberry Bagel Bar
Fruit

LUNCH
Bean & Cheese Burrito
Corn
Fruit

Wednesday – 7

Breakfast
Mini Pancakes
Fruit

LUNCH
Chicken Sandwich
Fries
Fruit

Thursday – 8

Breakfast
Banana Muffin
Fruit

LUNCH
Chili Cheese Hot Dog
Carrots
Fruit

Tuesday – 13

Breakfast
Cereal
Fruit

LUNCH
Stuffed Crust Pizza
Corn
Fruit

Wednesday – 14

Breakfast
Mini Donut
Fruit

EARLY RELEASE

LUNCH
Deli Sub Sandwich
Sliced Apples, Carrots
Chips

Thursday – 15

Breakfast
Cinnamon Bagel Bar
Fruit

LUNCH
Cheeseburger
Fries
Fruit

Tuesday – 20

Breakfast
Mini Pancakes
Fruit

LUNCH
Chicken Nuggets
Green Beans
Fruit

Wednesday – 21

Breakfast
Super Donut
Fruit

LUNCH
Hot Dog
Carrots
Fruit

Thursday – 22

Breakfast
Blueberry Muffin
Fruit

LUNCH
Pizza
Broccoli
Fruit

Tuesday – 27

Breakfast
Mini Waffles
Fruit

LUNCH
Corn Dog
Baked Beans
Fruit

Wednesday – 28

Breakfast
Pancake on a Stick
Fruit

LUNCH
Orange Chicken Bowel with Rice
Fruit

Thursday – 29

Breakfast
Cereal
Fruit

LUNCH
Sloppy Joe Sandwich
Corn
Fruit

FRUIT: may consist of Apples, Oranges, Grapes, Mixed Can fruit, Peaches, Pears and Mandarin Oranges.

VEGETABLES: may consist of Green Beans, Corn, Carrots, Broccoli, Beans, Mixed Vegetables.



White Milk 1% will be offered at Breakfast and Lunch.

