

SADDLE MOUNTAIN UNIFIED SCHOOL DISTRICT

High School November 2022 Menu



Happy Thanksgiving

This institution is an equal opportunity provider



White Milk is offered for Breakfast and White Milk and Free Chocolate Milk is offered at Lunch.

WATER WILL BE OFFERED AT LUNCH



MENU SUBJECT TO CHANGE WITH OUT NOTICE

Tuesday – 1		Wednesday – 2		Thursday – 3		Friday - 4	
BREAKFAST Chocolate Bread or Cereal Fruit		BREAKFAST Cereal or Cereal Bar Fruit		BREAKFAST French Toast or Cereal Fruit		BREAKFAST Powdered Donut or Cereal Fruit	
LUNCH Pizza Sticks W/Marinara Sauce Spicy Chicken Sandwich W/ Fries Pizza Corn Chef Salad or Fruit Salad Fruit		EARLY RELEASE LUNCH Ham Sandwich Carrots, Grapes Chips		LUNCH Chicken Alfredo W/ Dinner Roll Spicy Chicken Sandwich W/ Fries Pizza W/ Carrots Broccoli Chef Salad or Fruit Salad Fruit		LUNCH Mini Corn Dog Spicy Chicken Sandwich W/ Fries Pizza W/ Carrot Sticks Baked Beans Chef Salad or Fruit Salad Fruit	
Tuesday – 8		Wednesday – 9		Thursday – 10		Friday - 11	
BREAKFAST Apple Frudel or Cereal Fruit		BREAKFAST Mini Pancakes or Cereal Fruit		BREAKFAST Cereal Bar or Cereal Fruit		NO SCHOOL VETERANS DAY	
LUNCH Chicken Cheese Quesadilla Chicken Strips W/ Fries Pizza W/ Carrots Green Beans Chef Salad or Fruit Salad Fruit		LUNCH Sloppy Joe Chicken Strips W/ Fries Pizza W/ Carrot Steamed Carrots Chef Salad or Fruit Salad Fruit		LUNCH Pizza Chicken Strips W/ Fries Pizza Sticks W/ Marinara Sauce Corn Chef Salad or Fruit Salad Fruit			
Tuesday – 15		Wednesday – 16		Thursday – 17		Friday - 18	
BREAKFAST Super Donut or Cereal Fruit		BREAKFAST Blueberry muffin or Cereal Fruit		BREAKFAST Strawberry Bagel Bar or Cereal Fruit		BREAKFAST Waffles or Cereal Fruit	
LUNCH Bean & Cheese Burrito Corn Pizza W/ Carrots Chef Salad or Fruit Salad Fruit		LUNCH Chicken Sandwich French Fries Pizza W/ Carrots Chef Salad or Fruit Salad Fruit		LUNCH Crunchy Beef Taco Refried Beans Pizza W/ Carrots Chef Salad or Fruit Salad Fruit		LUNCH Turkey Mashed Potatoes W/ Gravy Stuffing and Corn Dinner Roll Pumpkin Pie W/Whipped Cream	
Tuesday – 22		Wednesday – 23		Thursday –24		Friday - 25	
Thanksgiving Holiday No School							
Tuesday – 29		Tuesday – 30		 <p>Just a thinking of the "goodies" Thanksgiving day will bring Thanksgiving Greetings.</p>			
BREAKFAST Cereal or Cereal Bar Fruit LUNCH Chicken Nuggets Chicken Sandwich Spicy Chicken Sandwich Tater Smiles Fries Chef Salad or Fruit Salad Fruit		BREAKFAST Pancake on a stick or Cereal Fruit LUNCH Stuffed Crust Pizza Chicken Sandwich Spicy Chicken Sandwich Chef Salad or Fruit Salad Corn Fruit					

