

# Saddle Mountain Unified School District High School

## January Menu 2023



**MENU  
SUBJECT  
TO  
CHANGE  
WITH OUT  
NOTICE**

White Milk 1 %  
and Fat free are  
offered for  
Breakfast

White &  
Chocolate Milk are  
offered for Lunch

WATER WILL BE  
OFFERED AT  
LUNCH ONLY

<u>TUESDAY – 3</u>	<u>WEDNESDAY - 4</u>	<u>THURSDAY – 5</u>	<u>FRIDAY – 6</u>
<p><u>Breakfast</u> Strawberry Bagel Bar or Cereal Fruit</p> <p><u>Lunch</u> Corn dog, baked Beans Pizza W/ Carrot Sticks Chicken Strips W/Fries Chef or Fruit Salad Fruit</p>	<p><u>Breakfast</u> Blueberry Muffin or Cereal Fruit</p> <p><u>Lunch</u> Chicken Wings W/ Dinner Roll French Fries Pizza W/ Carrot Sticks Chicken Strips W/Fries Chef or Fruit Salad, Fruit</p>	<p><u>Breakfast</u> Mini Pancakes or Cereal Fruit</p> <p><u>Lunch</u> Hamburger, Carrots Pizza W/Carrots Sticks Chicken Strips W/Fries Chef or Fruit Salad Fruit</p>	<p><u>Breakfast</u> Cereal or Cereal Bar Fruit</p> <p><u>Lunch</u> Pizza, Broccoli Pizza W/ Carrot Sticks Chicken Strips W/Fries Chef or Fruit Salad Fruit</p>
<u>TUESDAY – 10</u>	<u>WEDNESDAY - 11</u>	<u>THURSDAY – 12</u>	<u>FRIDAY – 13</u>
<p><u>Breakfast</u> Banana Bread or Cereal Bar Fruit</p> <p><u>Lunch</u> Chicken Nuggets Sweet Potato Fries Pizza W/ Carrot Sticks Chicken Strips W/Fries Chef or Fruit Salad, Fruit</p>	<p><u>Breakfast</u> Chocolate Donut or Cereal Fruit</p> <p><u>Lunch</u> Deli Sandwich Corn Pizza W/ Carrot Sticks Chicken Strips W/Fries Chef or Fruit Salad, Fruit</p>	<p><u>Breakfast</u> Cereal Bar or Cereal Fruit</p> <p><u>Lunch</u> Spaghetti W/ Meat sauce Broccoli Pizza W/ Carrot Sticks Chicken Strips W/Fries Chef or Fruit Salad, Fruit</p>	<p><u>Breakfast</u> Blueberry Muffin Top or Cereal Fruit</p> <p><u>Lunch</u> Pork Street Tacos Refried Beans Pizza W/Carrot Sticks Chicken Strips W/Fries Chef or Fruit Salad, Fruit</p>
<u>TUESDAY – 17</u>	<u>WEDNESDAY - 18</u>	<u>THURSDAY – 19</u>	<u>FRIDAY – 20</u>
<p><u>Breakfast</u> Peach Pancake Bowl or Cereal Fruit</p> <p><u>Lunch</u> Chicken Taquitos Broccoli Pizza W/Carrot Sticks Chicken Sandwich Regular or Spicy W/ Fries Chef or Fruit Salad, Fruit</p>	<p><u>Breakfast</u> Mini Cinni's or Cereal Fruit</p> <p><u>Lunch</u> Chicken Sandwich Baked Beans Cheeseburger W/Fries Chicken Sandwich Regular or Spicy W/ Fries Chef or Fruit Salad, Fruit</p>	<p><u>Breakfast</u> Super Donut or Cereal Fruit</p> <p><u>Lunch</u> Pizza Sticks W/ Marinara Sauce Carrots Pizza W/Carrot Sticks Chicken Sandwich Regular or Spicy W/ Fries Chef or Fruit Salad, Fruit</p>	<p><u>Breakfast</u> Cereal Bar or Cereal Fruit</p> <p><u>Lunch</u> Chicken Fajitas Corn Cheeseburger W/Fries Chicken Sandwich Regular or Spicy W/ Fries Chef or Fruit Salad, Fruit</p>
<u>TUESDAY – 24</u>	<u>WEDNESDAY - 25</u>	<u>THURSDAY – 26</u>	<u>FRIDAY – 27</u>
<p><u>Breakfast</u> Mini Waffles or Cereal Fruit</p> <p><u>Lunch</u> Bean &amp; Cheese Burrito Corn Pizza W/Celery Stick Chicken Strips W/ Celery sticks Chef or Fruit Salad, Fruit</p>	<p><u>Breakfast</u> Apple Frudel or Cereal Fruit</p> <p><u>Lunch</u> Pepperoni Stick Sweet Potato Fries Pizza W/Celery Stick Chicken Strips W/ Celery sticks Chef or Fruit Salad, Fruit</p>	<p><u>Breakfast</u> Chocolate Bread or Cereal Fruit</p> <p><u>Lunch</u> Orange Chicken Bowl Broccoli Pizza W/Celery Stick Chicken Strips W/ Celery sticks Chef or Fruit Salad, Fruit</p>	<p><u>Breakfast</u> Cereal or Cereal Bar Fruit</p> <p><u>Lunch</u> Chicken Soft Taco Fiesta Beans Pizza W/Celery Stick Chicken Strips W/ Celery sticks Chef or Fruit Salad, Fruit</p>
<u>FRIDAY – 31</u>			
<p><u>Breakfast</u> Cereal or Cereal Bar Fruit</p> <p><u>Lunch</u> Hot dog French Fries Pizza W/Celery Stick Chicken Strips W/ Celery sticks Chef or Fruit Salad, Fruit</p>			



This  
institution is  
an equal  
opportunity  
provider

