

# Saddle Mountain Unified School District

## PRESCHOOL OCTOBER 2023 MENU



This institution is an equal opportunity provider



MENU SUBJECT TO CHANGE WITHOUT NOTICE

<u>Tuesday – 3</u>	<u>Wednesday – 4</u>	<u>Thursday – 5</u>
<p><u>BREAKFAST</u> Cereal Fruit</p> <p><u>LUNCH</u> Corndog Baked Beans Fruit</p>	<p><u>BREAKFAST</u> Breakfast Pizza Fruit</p> <p><b>EARLY RELEASE</b></p> <p><u>LUNCH</u> Sack Lunch</p>	<p><u>BREAKFAST</u> Mini Pancakes Fruit</p> <p><b>EARLY RELEASE</b></p> <p><u>LUNCH</u> Sack Lunch</p>
<u>Tuesday – 10</u>	<u>Wednesday – 11</u>	<u>Thursday – 12</u>
<p><u>BREAKFAST</u> Apple Frudel Fruit</p> <p><u>LUNCH</u> Chicken &amp; Cheese Quesadilla Green Beans Fruit</p>	<p><u>BREAKFAST</u> Cereal Fruit</p> <p><u>LUNCH</u> Hotdog Mixed Vegetables Fruit</p>	<p><u>BREAKFAST</u> Banana Muffin Fruit</p> <p><u>LUNCH</u> Beef Crunchy Taco Rice Fruit</p>
<u>Tuesday – 17</u>	<u>Wednesday – 18</u>	<u>Thursday – 19</u>
<p><u>BREAKFAST</u> Zucchini Bread Fruit</p> <p><u>LUNCH</u> Pizza Sticks W/ Marinara Sauce Green Beans Fruit</p>	<p><u>BREAKFAST</u> Pancake on a Stick Fruit</p> <p><u>LUNCH</u> Chicken Sandwich Curly Fries Fruit</p>	<p><u>BREAKFAST</u> Strawberry bagel Bar Fruit</p> <p><u>LUNCH</u> Chili Dog Carrots Fruit</p>
<u>Tuesday – 24</u>	<u>Wednesday – 25</u>	<u>Thursday – 26</u>
<p><u>BREAKFAST</u> Cereal Fruit</p> <p><u>LUNCH</u> Stuffed Crust Pizza Green Beans Fruit</p>	<p><u>BREAKFAST</u> Mini French Toast Fruit</p> <p><b>EARLY RELEASE</b></p> <p><u>LUNCH</u> Sack Lunch</p>	<p><u>BREAKFAST</u> Blueberry Muffin Fruit</p> <p><u>LUNCH</u> Beef &amp; Bean Tostada Carrots Fruit</p>
<u>Tuesday – 31</u>		
<p><u>BREAKFAST</u> Pumpkin Bread Fruit</p> <p><u>LUNCH</u> Chicken Nuggets Mashed Potatoes Fruit Halloween Surprise</p>		

FRUIT: may consist of Apples, Oranges, Grapes, strawberries, Mixed Can fruit, Peaches, Pears and Mandarin Oranges, Pineapples, Watermelon

VEGETABLES: may consist of Green Beans, Corn, Carrots, Broccoli, Beans, Mixed Vegetables.

