

Saddle Mountain Unified School District

October 2023 MENU



This institution is an equal opportunity provider

MENU SUBJECT TO CHANGE WITHOUT NOTICE

<u>Tuesday -3</u>	<u>Wednesday - 4</u>	<u>Thursday - 5</u>	<u>Friday - 6</u>
<u>BREAKFAST</u> Cereal Bar Fruit <u>LUNCH</u> Corndog Baked Beans Fruit	<u>BREAKFAST</u> Breakfast Pizza Fruit EARLY RELEASE <u>LUNCH</u> Sack Lunch	<u>BREAKFAST</u> Mini Pancakes Fruit EARLY RELEASE <u>LUNCH</u> Sack Lunch	FALL BREAK NO SCHOOL
<u>Tuesday - 10</u>	<u>Wednesday - 11</u>	<u>Thursday - 12</u>	<u>Friday -13</u>
<u>BREAKFAST</u> Apple Frudel Fruit <u>LUNCH</u> Chicken & Cheese Quesadilla Green Beans Fruit	<u>BREAKFAST</u> Cereal Fruit <u>LUNCH</u> Hot dog Mixed Vegetables Fruit	<u>BREAKFAST</u> Super Donut Fruit <u>LUNCH</u> Beef Crunchy Taco Rice Fruit	<u>BREAKFAST</u> Bagel W/Cream Cheese Fruit <u>LUNCH</u> Chicken Fajitas Broccoli Fruit
<u>Tuesday -17</u>	<u>Wednesday -18</u>	<u>Thursday - 19</u>	<u>Friday - 20</u>
<u>BREAKFAST</u> Zucchini Bread Fruit <u>LUNCH</u> Pizza Sticks W/ Marinara Sauce Green Beans Fruit	<u>BREAKFAST</u> Pancake on a Stick Fruit <u>LUNCH</u> Chicken Sandwich Curly Fries Fruit	<u>BREAKFAST</u> Strawberry Bagel Bar Fruit <u>LUNCH</u> Chili Cheese Hotdog Carrots Fruit	<u>BREAKFAST</u> Mini Chocolate Donut Fruit <u>LUNCH</u> Super Nachos Rice Fruit
<u>Tuesday - 24</u>	<u>Wednesday - 25</u>	<u>Thursday -26</u>	<u>Friday - 27</u>
<u>BREAKFAST</u> Cereal Fruit <u>LUNCH</u> Stuffed Crust Pizza Green Beans Fruit	<u>BREAKFAST</u> Mini French Toast Fruit EARLY RELEASE <u>LUNCH</u> Sack Lunch	<u>BREAKFAST</u> Cereal Bar Fruit <u>LUNCH</u> Beef & Bean Tostada Carrots Fruit	<u>BREAKFAST</u> Pumpkin Bread Fruit <u>LUNCH</u> Chicken Alfredo W/ Dinner Roll Mixed Vegetables Fruit
<u>Tuesday - 31</u>	If you have questions on your students Lunch account, please The Food Service Department at 623-474-5535 or 623-474-5559		
<u>BREAKFAST</u> Cereal Bar Fruit <u>LUNCH</u> Chicken Nuggets Mashed Potato Fruit Halloween Surprise	WE OFFER A COMPLETE SALAD AND FRUIT BAR DAILY!		



White Milk is offered for Breakfast.

White Milk or Chocolate Milk is offered at Lunch.

WATER IS OFFERED AT LUNCH

