

Saddle Mountain Unified School District

High School October 2023 MENU



MENU
SUBJECT TO
CHANGE
WITHOUT
NOTICE

<u>Tuesday – 3</u>	<u>Wednesday – 4</u>	<u>Thursday – 5</u>	<u>Friday - 6</u>
<p><u>BREAKFAST</u> Mini Donuts or Cereal Fruit</p> <p><u>LUNCH</u> Corn dog Baked Beans</p>	<p><u>BREAKFAST</u> Breakfast Pizza or Cereal Fruit</p> <p><u>LUNCH</u> Bacon Cheeseburgers Fries</p>	<p><u>BREAKFAST</u> Pancakes W/Sausage or Cereal Fruit</p> <p><u>LUNCH</u> Fully Loaded Baked Potato Corn</p>	<p>FALL BREAK</p> <p>NO</p> <p>SCHOOL</p>
<u>Tuesday – 10</u>	<u>Wednesday – 11</u>	<u>Thursday – 12</u>	<u>Friday - 13</u>
<p><u>BREAKFAST</u> Apple Frudel or Cereal Fruit</p> <p><u>LUNCH</u> Chicken & Cheese Quesadilla Green Beans</p>	<p><u>BREAKFAST</u> Banana Muffin or Cereal Fruit</p> <p><u>LUNCH</u> Hotdog Mixed Vegetables</p>	<p><u>BREAKFAST</u> Donut or Cereal Fruit</p> <p><u>LUNCH</u> Beef Crunchy Taco Rice</p>	<p><u>BREAKFAST</u> Bagel W/Cream Cheese or Cereal Fruit</p> <p><u>LUNCH</u> Chicken Fajitas Broccoli</p>
<u>Tuesday – 17</u>	<u>Wednesday – 18</u>	<u>Thursday – 19</u>	<u>Friday - 20</u>
<p><u>BREAKFAST</u> Zucchini Bread or Cereal Fruit</p> <p><u>LUNCH</u> Pizza Sticks W/ Marinara Sauce Green Beans</p>	<p><u>BREAKFAST</u> Pancake on a Stick or Cereal Fruit</p> <p><u>LUNCH</u> Chicken Sandwich Fries</p>	<p><u>BREAKFAST</u> Strawberry Bagel Bar or Cereal Fruit</p> <p><u>LUNCH</u> Chili Dog Carrots</p>	<p><u>BREAKFAST</u> English Muffin W/Sausage or Cereal Fruit</p> <p><u>LUNCH</u> Supreme Nachos Rice</p>
<u>Tuesday – 24</u>	<u>Wednesday – 25</u>	<u>Thursday – 26</u>	<u>Friday - 27</u>
<p><u>BREAKFAST</u> Sausage Bagel or Cereal Fruit</p> <p><u>LUNCH</u> Pizza Calzone Green Beans</p>	<p><u>BREAKFAST</u> French Toast or Cereal Fruit</p> <p>EARLY RELEASE</p> <p><u>LUNCH</u> Sack Lunch</p>	<p><u>BREAKFAST</u> Egg & Cheese Omelet with Bacon & Hash Brown or Cereal Fruit</p> <p><u>LUNCH</u> Beef & Bean Tostada Carrots</p>	<p><u>BREAKFAST</u> Caramel Apple Parfait or Cereal Fruit</p> <p><u>LUNCH</u> Chicken Alfredo Dinner Roll Mixed Vegetables</p>
<u>Tuesday – 31</u>	<p>We Offer 2nd OR 3rd options:</p> <p>WK 3rd- 6th – Cheeseburger OR Chicken Strips W/Fries</p> <p>WK 10th-13th – Spicy or Regular Chicken Sandwich W/Fries OR Pizza W/Carrots</p> <p>WK 17th-20th – Cheeseburger OR Chicken Strips W/Fries</p> <p>WK -24th -27th –Spicy or Regular Chicken Sandwich W/Fries OR Pizza W/Carrots</p> <p>WK 31st – Cheeseburger OR Chicken Strips W/Fries</p>		
<p><u>BREAKFAST</u> Pumpkin Bread or Cereal Fruit</p> <p><u>LUNCH</u> Chicken Nuggets Mashed Potatoes Halloween Surprise</p>			

White Milk or
Juice is offered
for Breakfast

White Milk or Fat
Free Chocolate is
offered for
Lunch.

WATER WILL BE
OFFERED AT
LUNCH

WE OFFER A
COMPLETE
SALAD AND
FRUIT BAR
FOR LUNCH
DAILY

This
institution is
an equal
opportunity
provider

